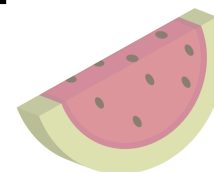


# LINDFIELD ACTIVITY CENTRE

## Year 2025 TERM 1 WEEK 1 MENU

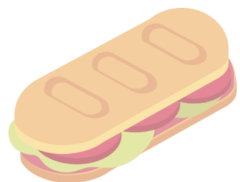


\*Fruit, veggies and water are available at all times\*

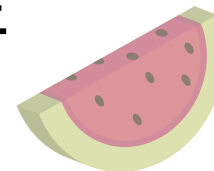
TERM 1 WEEK 1	MONDAY	TUESDAY	WEDNESDAY	6/2 THURSDAY	7/2 FRIDAY
<b>Breakfast</b>	VACATION CARE			Cereal, Toast & Spreads <b>Milo</b>	Cereal, Toast & Spreads <b>Orange Juice</b>
<b>Afternoon Tea</b>				Sandwiches	Salad Sushi Rice (Toppings: Cucumber, Corn, Carrots)  *** new ***
<b>Late Snack</b>				Vanilla Wafers	Strawberry Jam Puff Twists

■ = Preparation   ■ = Activity with Children   ■ = Child Suggestion

Meal Prep for next day					Defrost mince in fridge for next Monday
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# LINDFIELD ACTIVITY CENTRE TERM 1 WEEK 2 MENU



\*Fruit, veggies and water are available at all times\*

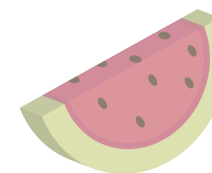
TERM 1 WEEK 2	10/2 MONDAY	11/2 TUESDAY	12/2 WEDNESDAY	13/2 THURSDAY	14/2 FRIDAY
Breakfast	Cereal, Toast & Spreads <b>Yoghurt</b>	Cereal, Toast & Spreads <b>Avo Toast</b>	Cereal, Toast & Spreads <b>Smoothies</b>	Cereal, Toast & Spreads <b>Crumpets</b>	Cereal, Toast & Spreads <b>Wholemeal Pancakes</b>
Afternoon Tea	Sausage Rolls	Udon Noodle Salad (Toppings; Lettuce, Cucumber, Carrot) **** ** new	Chicken Vermicelli Noodle Salad	Cous Cous Salad	Hot Chips
Late Snack	Corn thins with Spreads ***	Jelly	Pretzel and Cheese Cube	Pineapple <b>Smoothies</b>	Decorating Arrowroots ***

■ = Preparation ■ = Activity with Children ■ = Child Suggestion

Meal Prep for next day	Prepare Jelly				Defrost chicken in fridge for next Monday
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# LINDFIELD ACTIVITY CENTRE

## TERM 1 WEEK 3 MENU

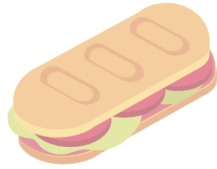


*\*Fruit, veggies and water are available at all times\**

TERM 1 WEEK 3	17/2 MONDAY	18/2 TUESDAY	19/2 WEDNESDAY	20/2 THURSDAY	21/2 FRIDAY
Breakfast	Cereal, Toast & Spreads <b>Hash Browns</b>	Cereal, Toast & Spreads <b>Milo</b>	Cereal, Toast & Spreads <b>Orange Juice</b>	Cereal, Toast & Spreads <b>English Muffins</b>	Cereal, Toast & Spreads <b>Baked Beans</b>
Afternoon Tea	Teriyaki Chicken and Rice	Greek Pasta Salad	Lemon Potato Salad	Cheese Toasties	Ramen Noodle Salad (Hiyashi Chuka Salad Noodle) <small>*** new ***</small>
Late Snack	Corn Ship served with Salsa	Honey Joys	Cinnamon Brown Sugar Twists <small>***</small>	Cruskits with Spreads <small>***</small>	Rice Cracker with Dips

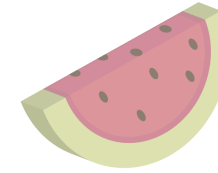
■ = Preparation  
 ■ = Activity with Children  
 ■ = Child Suggestion

Meal Prep for next day					
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# LINDFIELD ACTIVITY CENTRE

## TERM 1 WEEK 4 MENU

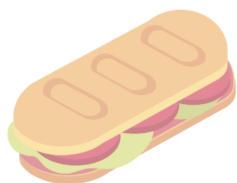


\*Fruit, veggies and water are available at all times\*

TERM 1 WEEK 4	24/2 MONDAY	25/2 TUESDAY	26/2 WEDNESDAY	27/2 THURSDAY	28/2 FRIDAY
Breakfast	Cereal, Toast & Spreads <b>Crumpets</b>	Cereal, Toast & Spreads <b>Avo Toast</b>	Cereal, Toast & Spreads <b>Pikelets</b>	Cereal, Toast & Spreads <b>Granola Yogurt</b>	Cereal, Toast & Spreads <b>Smoothies</b>
Afternoon Tea	Mexican Corn Salad <small>*** new ***</small>	Mexican Quesadillas	Empanada	Bean Nachos	Roasted Vegan Mayo Potato Salad
Late Snack	Saladas and Sultanas	Anzac Biscuits	Jatz and Cheese	Apple Crumble Slice	Fairy Bread

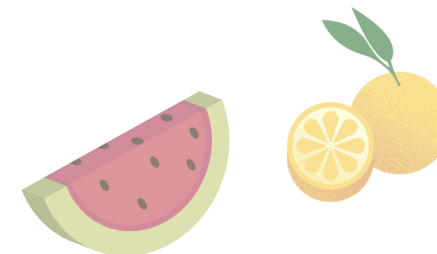
■ = Preparation ■ = Activity with Children ■ = Child Suggestion

Meal Prep for next day	<b>Defrost mince in fridge</b>				
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# LINDFIELD ACTIVITY CENTRE

## TERM 1 WEEK 5 MENU

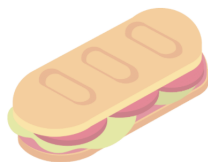


*\*Fruit, veggies and water are available at all times\**

TERM 1 WEEK 5	3/3 MONDAY	4/3 TUESDAY	5/3 WEDNESDAY	6/3 THURSDAY	7/3 FRIDAY
Breakfast	Cereal, Toast & Spreads <b>Wholemeal Pancakes</b>	Cereal, Toast & Spreads <b>Hash Browns</b>	Cereal, Toast & Spreads <b>Milo</b>	Cereal, Toast & Spreads <b>Orange Juice</b>	Cereal, Toast & Spreads <b>Pikelets</b>
Afternoon Tea	Sushi Roll	Home made Pesto Pasta <small>*** new ***</small>	Cheese and Vegemite Scrolls	Pasta with Creamy Zucchini Sauce <small>*** new ***</small>	Fried Rice
Late Snack	Shortbread Fingers	Cheese Puff Twist	Pop Corn	Strawberry Wafers	Milo Slice

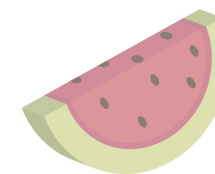
■ = Vegetarian Option  
 ■ = Preparation  
 ■ = Activity with Children  
 ■ = Child Suggestion

Meal Prep for next day					<b>Defrost chicken in fridge for next Monday</b>
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# LINDFIELD ACTIVITY CENTRE

## TERM 1 WEEK 6 MENU



*\*Fruit, veggies and water are available at all times\**

TERM 1 WEEK 6	10/3 MONDAY	11/3 TUESDAY	12/3 WEDNESDAY	13/3 THURSDAY	14/3 FRIDAY
Breakfast	Cereal, Toast & Spreads <b>Avo Toasts</b>	Cereal, Toast & Spreads <b>Milo</b>	Cereal, Toast & Spreads <b>Hash Browns</b>	Cereal, Toast & Spreads <b>Cheese Toasties</b>	Cereal, Toast & Spreads <b>Crumpets</b>
Afternoon Tea	Butter Chicken served with rice	Curried vegetable samosa	Chicken Tikka Masala served with rice	Qeema Curry served with Rice *** new ***	Vegetable Biryani
Late Snack	Yoghurt	Mango Lassi	Jelly	Coconut Biscuit *** new ***	Coconut and Banana cake *** new ***

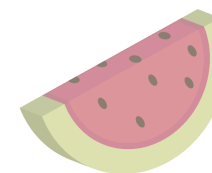
■ = Preparation ■ = Activity with Children ■ = Child Suggestion

Meal Prep for next day		Prepare Jelly	Defrost mince in fridge		
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# LINDFIELD ACTIVITY CENTRE

## TERM 1 WEEK 7 MENU

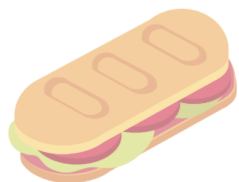


\*Fruit, veggies and water are available at all times\*

Term 1 Week 7	17/3 Monday	18/3 Tuesday	19/3 Wednesday	20/3 Thursday	21/3 Friday
Breakfast	Cereal, Toast & Spreads <b>Baked Beans</b>	Cereal, Toast & Spreads <b>Smoothies</b>	Cereal, Toast & Spreads <b>Granola Yogurt</b>	Cereal, Toast & Spreads <b>Crumpets</b>	Cereal, Toast & Spreads <b>Hash Browns</b>
Afternoon Tea	Irish Pasties <small>*** new ***</small>	English Muffin Pizza <small>***</small>	Mac and Cheese	Bibimbap Rice	Korean Chap Chae Noodle
Late Snack	Decorated Arrowroots Biscuits for St. Patrick's Day <small>***</small>	Smartie Cookies	Fruits Puff Pastry	Vanilla Wafers	Corn Thins with Spread

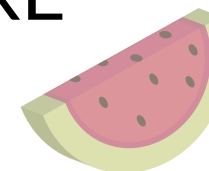
■ = Preparation    ■ = Activity with Children    ■ = Child Suggestion

Meal Prep for next day			<b>Defrost mince in fridge</b>		
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# LINDFIELD ACTIVITY CENTRE

## TERM 1 WEEK 8 MENU



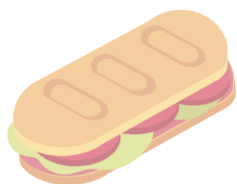
\*Fruit, veggies and water are available at all times\*

TERM 1 WEEK 8	24/3 MONDAY	25/3 TUESDAY	26/3 WEDNESDAY	27/3 THURSDAY	28/3 FRIDAY
Breakfast	Cereal, Toast & Spreads <b>English Muffins</b>	Cereal, Toast & Spreads <b>Crumpets</b>	Cereal, Toast & Spreads <b>Yoghurt</b>	Cereal, Toast & Spreads <b>Pikelets</b>	Cereal, Toast & Spreads <b>Milo</b>
Afternoon Tea	Napoletana Pasta	Garlic Cheese Pizza	Wedges	Spinach Feta Turn Over	Hawaiian Pizza Scroll
Late Snack	Rice Cake with Spread	Cinnamon Brown Sugar Puffs ***	Rice Bubbles Slice	Jelly	Cruskits with spread

■ = Preparation ■ = Activity with Children ■ = Child Suggestion

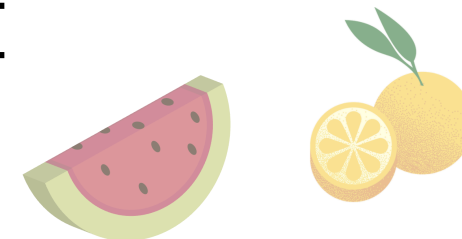
Meal Prep for next day			Prepare Jelly in fridge		
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# LINDFIELD ACTIVITY CENTRE

## TERM 1 WEEK 9 MENU

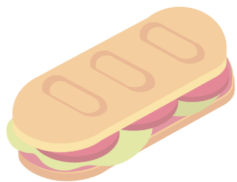


\*Fruit, veggies and water are available at all times\*

Term 1 Week 9	31/3 Monday	1/4 Tuesday	2/4 Wednesday	3/4 Thursday	4/4 Friday
Breakfast	Cereal, Toast & Spreads <b>Smoothies</b>	Cereal, Toast & Spreads <b>Yoghurt</b>	Cereal, Toast & Spreads <b>Hash Browns</b>	Cereal, Toast & Spreads <b>Milo</b>	Cereal, Toast & Spreads <b>Avo Toast</b>
Afternoon Tea	Stir Fry Udon Noodle	Fried Rice	Pasta Bake	Pepperoni Pizza Pockets	Baked Korean Chicken
Late Snack	Saladas with Cheese Cubes	Rocky Road	Jatz and Sultanas	Anzac Biscuits	Rice Cracker with dips

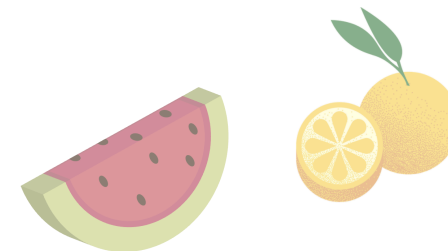
■ = Preparation ■ = Activity with Children ■ = Child Suggestion

Meal Prep for next day				Defrost chicken in fridge	
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# LINDFIELD ACTIVITY CENTRE

## TERM 1 WEEK 10 MENU



\*Fruit, veggies and water are available at all times\*

Term 1 Week 10	7/4 Monday	8/4 Tuesday	9/4 Wednesday	10/4 Thursday	11/4 Friday
Breakfast	Cereal, Toast & Spreads <b>Orange Juice</b>	Cereal, Toast & Spreads <b>English Muffins</b>	Cereal, Toast & Spreads <b>Milo</b>	Cereal, Toast & Spreads <b>Wholemeal Pancake</b>	Cereal, Toast & Spreads <b>Cheese Toasties</b>
Afternoon Tea	Singapore Noodle	Spaghetti Bolognese ***	Ham & Cheese Scrolls	Udon Noodle Soup	Sausage Sizzles ***
Late Snack	Cheese Puff Twist	Corn chips served with Salsa	Pop Corn	Carrot Cake Cupcakes	Decorating Arrowroot ***

■ = Preparation ■ = Activity with Children ■ = Child Suggestion

Meal Prep for next day	<b>Defrost mince in fridge</b>				
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